

OUR COURSES

You're not here by accident.

You're here because something in you knows you are meant to do more, to become more, and to help others heal.

At the Chartered Institute of Counseling in Nigeria (CICN), our courses are not just programs you attend, they are transformative experiences that reshape how you think, relate, and practice.

Whether you are starting your journey into counseling, deepening your expertise, or stepping into a specialized field like relationship, sex, or mental health therapy, we have designed every course to move you from interest to influence, from passion to professional mastery.

Here, you won't just learn theories, you will gain real-world, practical skills, develop clinical confidence and become the kind of counselor people trust with their most vulnerable stories. Because in a world where trauma is often hidden and misunderstood, we are raising professionals who don't just listen, but truly heal.

So the question is not "What courses do we offer?" The real question is: Who are you ready to become?

THE CICN: Where Theory Becomes Practice

Many people study counseling but very few are trained to actually do it!

At CICN, our diploma programs go beyond academic knowledge to focus on what truly matters, competence, confidence, and clinical effectiveness.

This is where you:

- Learn how to handle real clients, not just case studies
- Develop deep self-awareness and emotional intelligence
- Build the confidence to sit with complex human experiences
- Transform from a learner into a practitioner

Because in this field, knowledge is not enough. You must become the work.

Explore our courses below and take your first step into purpose, professionalism, and lasting impact.

Faculty of Clinical and Mental Health Counseling

1. Diploma in Counseling - A
2. Diploma in Mental Health Counseling - NA
3. Diploma in psychopathology - NA
4. Diploma in Post-Partum Depression and Care - NA
5. Diploma in Somatic Psychotherapy - NA

6. Diploma in Clinical Supervision - A

Faculty of Couple & Family Counseling

1. Diploma in Relationship, Couple & Family Counseling - A
2. Diploma in Divorce, Remarriage & Blended Family Counseling - NA
3. Diploma in Pre-Marital Counseling - NA
4. Diploma in Child and Adolescent Counseling - A

Faculty of Substance & Behavioral Addiction Counseling

1. Diploma in Substance Use and Addiction Counseling - A
2. Diploma in Pornography and Sexual Addiction Counseling - NA
3. Diploma in Gambling and Internet Addiction - NA
4. Diploma in Internet & Gaming Addiction Counseling - NA
5. Diploma in Food & Eating-Related Addictions - NA
6. Diploma in Workaholism & Productivity Addiction Counseling - NA

Faculty of Sex Therapy

1. Diploma in Sex Therapy CST - A
2. Advanced Diploma in Sex Therapy LST - A
3. Postgraduate Fellowship in Clinical Sexology - A
4. Diploma in Sexual Trauma & Intimacy Recovery - NA
5. Diploma in Somatic Therapy - NA
6. Diploma in Gender, Sexuality & Identity Counseling - NA

Faculty of Coaching & Life Skills

1. Diploma in Career Counseling - A
2. Diploma in Life Coaching and Personal Development - A
3. Diploma in Workplace Counseling & Corporate Wellness - A
4. Diploma in Confidence & Self-Esteem Coaching - NA
5. Diploma in Emotional Mastery & Resilience - A

Faculty of Crisis, Conflict and Humanitarian Counseling

1. Diploma in Crisis Counseling - A
2. Diploma in Grief & Bereavement Counseling - A
3. Diploma in Trauma-Informed Counseling - A
4. Professional Caregiver & Elderly Care - A
5. Diploma in Counseling Survivors of Sexual and Gender-Based Violence (SGBV) - NA

Faculty of Specialised Counseling

1. Diploma in Cuddle Therapy - A
2. Diploma in Professional Matchmaking - A
3. Diploma in Counseling People Living with HIV/AIDS - NA
4. Diploma in Disability and Inclusive Counseling - NA
5. Diploma in Expatriate, Relocation & Immigration Counseling - NA

Training Progression Pathway

1. Foundational Level - Certificate in Counseling Program

- *This is the compulsory entry point for all students.*
- *Students are awarded one certificate: Certificate in Counseling*

2. Core Professional Level - Diploma in Counseling Program

After completion of Certificate in Counseling, students proceed to:

- Advanced Certificate in Counseling Program: Completion of this stage leads to Diploma in General Counseling.
- That is, Certificate in Counseling + Advanced Certificate in Counseling = Diploma in Counseling
- Students are awarded two certificates: Certificate in Counseling and Diploma in Counseling

3. Specialisation Pathway - Advanced Diploma in Field of Specialisation

After completion of Diploma in General Counseling, students choose a specialisation such as: Certificate in Relationship, Couple & Family Counseling, Certificate in Grief and Bereavement Counseling, Certificate in Child & Adolescent Counseling, Certificate in Addiction Counseling, and other approved specialisations (We have up to 20 different specialisations).

- Completion of this stage leads to Advanced Diploma in specialisation Counseling field.
- Diploma in Counseling + Certificate in Specialised Counseling Field = Advanced Diploma in Specialised Counseling field.
- Students are awarded three certificates: Certificate in Counseling, Diploma in Counseling & Advanced Diploma in Specialised Counseling field.

4. Direct Specialisation Pathway - Diploma in Field of Specialisation

If a student chooses NOT to continue through Advanced Diploma in general counseling and decided to move straight from certificate in counseling to certificate in field of specialisation:

- That is, Certificate in Counseling + Certificate in Specialisation = Diploma in Specialisation
- There will be NO Advanced Diploma in specialisation for this route.
- Students are awarded two certificates: Certificate in Counseling and Diploma in Specialised Counseling field.

Sex Therapy / Clinical Sexology Track

1. Diploma in Sex Therapy

- Certificate in Counseling
- Certificate in Sex Therapy
= Diploma in Sex Therapy

2. Advanced Diploma in Sex Therapy

- Certificate in Counseling
- Advanced Certificate in Counseling
- Certificate in Sex Therapy
= Advanced Diploma in Sex Therapy

3. Advanced Diploma Clinical Sexology

- Certificate in Counseling
- Advanced Certificate in Counseling
- Certificate in Sex Therapy
- Advanced Certificate in Sex Therapy
= Advanced Fellowship in Clinical Sexology

NOTE: STUDENTS CANNOT TAKE ADVANCED FELLOWSHIP CERTIFICATE WITHOUT COMPLETING ADVANCED DIPLOMA PROGRAM